

eSMARTkids

Is your household doing as much as you can to save energy? Print this checklist and do this inspection with your parents or another adult. Post your completed checklist to remind your family how to save.



	Yes	Not yet
1. Do you turn off lights and computers when you are not using them?	<input type="checkbox"/>	<input type="checkbox"/>
2. Do you have compact fluorescent lights (CFLs) in your home?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you wash most of your laundry in cold water?	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you have energy- and water-saving showerheads?	<input type="checkbox"/>	<input type="checkbox"/>
5. Do you take short showers and/or half-full baths?	<input type="checkbox"/>	<input type="checkbox"/>
6. Do you run full loads in your dishwasher, clothes washer, and dryer?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you use the "Air Dry" or "No-Heat Dry" setting on your dishwasher?	<input type="checkbox"/>	<input type="checkbox"/>
8. Do you close draperies or blinds to help keep the heat out during the summer and to help keep the heat in during the winter?	<input type="checkbox"/>	<input type="checkbox"/>
9. Do your doors and windows have weatherstripping and caulking to block drafts?	<input type="checkbox"/>	<input type="checkbox"/>
10. Has your family unplugged appliances you rarely use, such as a second refrigerator or freezer?	<input type="checkbox"/>	<input type="checkbox"/>
11. Is regular maintenance done on your heating and cooling system—cleaning or replacing filters monthly and a yearly tune-up?	<input type="checkbox"/>	<input type="checkbox"/>
12. Is the seal around the fridge door clean?	<input type="checkbox"/>	<input type="checkbox"/>
13. Do you turn down the heat at night and when you leave for the day?	<input type="checkbox"/>	<input type="checkbox"/>